

Parent meeting notes:

Swim meets: The more your child can attend the better, CH1 and SD1 swimmers have a minimum requirement to attend 2 swim meets; the first one is in February. This meet is designed for them, so please prioritize it. CH2/3 and SD2/3 your minimum requirement is 4 swim meets per year. The more you attend the more you will progress in events, it is recommended you try to attend most meets.

Swim meet dates, information on volunteering and how to register can all be found on our Squad page.

A reminder we **DO NOT** talk about DQ, Times, and Overall score/places. Please review the FAQ document on our squad page for more information on swim meets.

What to wear to swimming: To swim meets you must be in your team gear (Dino caps, Dino swimsuits, and Dino shirts). For practice swimmers must be in team caps and appropriate training suits. Most swimmers will train all year in the team suit provided in September. Some swimmers prefer to wear other training suits. If you choose to wear another swimsuit it must have no frills, ties, and be fitted to the body. Board shorts and 2-piece swimsuits are not allowed. Suits for all swimmers should be fitted and not baggy, they do loosen in the water and tighter is better than too loose. When in doubt, use your team suit. If your swimmer develops rub marks let me know and we can look at alternatives.

Clothing, bags and shoes: All shoes must be left outside of the changerooms, for parents too! Bags, clothes, and towels can be left in lockers in the change rooms or on the benches behind the starting side of the pool. **Parents**, if you are entering the change rooms (including the family change hallway) you must remove your shoes.

Calendars: Calendars are located at the bottom the website pages – you need to select Development on the calendar page to see our important dates: <https://ucsc.poolq.net/calendar>

Please review these regularly.

New/replacement caps and goggles: I will always have new caps and goggles with me and the swimmers/parents can ask for them directly from me. I will then note your swimmer's name and submit all cap and goggle purchases to the office monthly to be billed to your accounts. Team caps must be worn at all times. Goggles can be the ones we provide or ones you purchase elsewhere. Goggles must be training goggles and have 2 straps to go behind the head. They cannot cover the nose (play goggles). If your swimmer's goggles are not fitting, I will reach out and you will need to replace them.

Any other team gear must be purchased through the club office/online.

Lost and found from meets: At the end of a meet, we will collect all team gear and bring it to both pools for a full week. After that the items will go into the general lost and found. **After a meet, please make sure you have the correct child's team gear.** They tend to grab any yellow shirt at the end of the day mistakenly taking the wrong kids gear home. **Label your child's team gear and re-label it as needed!**

Locker rooms & behaviour expectations

Remind your swimmers to be respectful in the change rooms; this includes keeping hands to ourselves, do not touch other people's things, and respect the personal boundaries and privacy of others. At CH pool the shower with the hose attachment are off limits to all Development swimmers. Let's continue to work together to keep the change rooms positive for all members, if you see or hear of any behaviors that need to be addressed please let me know ASAP.

Swimmers are encouraged to come on deck and ask me (or a lifeguard) for help if they need it at any time.

Pick up: Please be at the pool no later than 6:15pm to pick up your child. If you are stuck in traffic or running late, please send me an email so I can let your child know. I understand things happen and appreciate the email as a heads up so I can coordinate and plan accordingly with my own parent pick up requirements.

Lastly, and most importantly, if you have any questions or concerns, please communicate with me. My staff are on deck to coach your children and are not to be approached. I coach, oversee, direct, and manage the programming for Churchill and Shouldice Groups and am happy to address any questions or concerns you have. On Fridays I am split between the 2 pools. If you need me and I am not at your pool, please send me an email. Unless it is an emergency do not come on deck and talk to the other coaches. I am happy to set up times to chat in person if you would prefer and I look forward to meeting all the parents and swimmers.

My email is michelle@calgaryswimming.com and I check it frequently.

Below is a quick summary of Volunteer and Fundraising requirement created by our office team. Please email all question pertaining to fundraising and Volunteering from the Office.

HOW TO CONTACT US

- **Coach Michelle:** michelle@calgaryswimming.com
- **Bingos:** bingos@calgaryswimming.com (Volunteer run)
- **Officials:** officials@calgaryswimming.com (Volunteer run)
- **Office (general inquiries):** ucsc@calgaryswimming.com
- **Club Manager:** manager@calgaryswimming.com
- **Accounting:** accounting@calgaryswimming.com
- **Phone:** (587) 894-2772 (available **9am–3pm, Monday–Friday**)

Please note: The office staff work on a **hybrid model**. If you would like to meet in person, please email us to arrange a time. Meetings can be scheduled **Monday–Thursday, 9am–3pm**.

Please keep in mind that our Bingo coordinator, and Officials coordinator are volunteer positions.

RAFFLE

Each family may choose to sell or purchase their full allotment of tickets (unless you chose the buy-out option). This is an **online raffle only**—no physical tickets.

Once the raffle launches, you will receive a **unique RaffleBox code** linked to your family. Share this code with friends and family to make purchases quick and easy.

Please note: All sales must take place within Alberta, and purchasers must be **18+**, in accordance with AGLC regulations.

BINGOS (for families that did not buy out)

Volunteering at bingos is a great way to meet other UCSC parents while supporting the club.

- Your required number of bingos (assigned at registration) must be completed by **June 30th**.
 - Our **bingo coordinator**, generously volunteers their time to keep everything organized.
 - A monthly **Bingo Spreadsheet** is posted on the website under **Members > Bingo Info**. This page also includes role descriptions.
 - To sign up, visit the [Bingo Event Page](#). Please register for **five times more bingos than required**, as not every sign-up is selected. If the event doesn't allow you to declare, it means volunteers have already been chosen.
 - Christa will confirm your assigned bingos by email.
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OFFICIATING

Parents/guardians with a swimmer in a **UCSC-hosted meet** are required to officiate. In addition, there are **mandatory meets** that all UCSC families must officiate—even if your swimmer is not competing.

- Please review the [UCSC Officiating Policy](#).
- Our officiating team tracks family points on a [Spreadsheet](#), also found under **Members > Officiating Info**.
- Families with a **point deficit** will be charged **\$1.00 per point**. (Please note no showing (unexcused) or not signing up for a mandatory officiating meet may result in a \$5 per point fee)

To help families get started, **officiating clinics will be held in October**. Attendance is strongly encouraged.

Points:

The number of points per family per season are not set. It is based on the number of meets your swimmer attends that are hosted by UCSC. Each meet that UCSC hosts, that swimmers attend has a number of points per family (usually 50 - 100 for CH/SD level swim meets).

The officiating season is split into two seasons, season 1 runs September 1 - March 31, and the second season runs April 1 - July 31. Points are zeroed out at the end of each season. There are typically 2 - 3 meets per season that ALL UCSC families are asked to officiate at (due to the size of the meet). Please check the officiating commitment on the website (members section, registration docs, officiating commitment) to see which meets might be mandatory for all families.

If you have any additional questions, please reach out to the office.