

September 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1	2	3	4	5	6
Summer Break!	LABOUR DAY! Summer Break!	Summer Break!	Summer Break!	Summer Break!	Summer Break!	Summer Break!
7	8	9	10	11	12	13
Summer Break!	Dryland 5:00pm-6:00pm 6:00-7:30pm UofC	Activation 3:45pm 4:00-6:00pm CH	Morning Off 5:15pm Activation 5:30-7:30pm UofC	Off (No Swim)	Weights 4:45pm-5:45pm 5:45pm-7:30pm UofC	UCSC BBQ!
14	15	16	17	18	19	20
Off (No Swim)	Picture Day! Dryland 5:00-6:00pm 6:00-7:30pm UofC	Activation 3:45pm 4:00-6:00pm CH	Morning Off 5:15pm Activation 5:30-7:30pm UofC	Off (No Swim)	Weights 4:45pm-5:45pm 5:45pm-7:30pm UofC	Off (No Swim)
21	22	23	24	25	26	27
Off (No Swim)	Dryland 5:00-6:00pm 6:00-7:30pm UofC	Activation 3:45pm 4:00-6:00pm CH	Morning Off 5:15pm Activation 5:30-7:30pm UofC	Off (No Swim)	Weights 4:45pm-5:45pm 5:45pm-7:30pm UofC	Off (No Swim)
28	29	30	1	2	3	4
Off (No Swim)	Dryland 5:00-6:00pm 6:00-7:30pm UofC	TRUTH AND RECONCILIATION NO SWIMMING	5:15am Activation 5:30am-7:30am UofC 5:15pm Activation 5:30-7:30pm UofC	Off (No Swim)	Weights 4:45pm-5:45pm 5:45pm-7:30pm UofC	12:45pm Activation 1:00-3:00pm UofC

UC = University of Calgary, CH= Churchill, SD=Shouldice, FH=Foothills, SS = Silver Springs)