

This Schedule begins on September 14th at the VRC.

VERNON RECREATION CENTRE SCHEDULE

Grassroots Fall Session: September - December 2026

Grassroots	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
GR1 - MON/WED	Activation:4:45 Pool: 5:00-5:30		Activation:4:45 Pool: 5:00-5:30				
GR1 - TUE/THU		Activation:4:45 Pool: 5:00-5:30		Activation:4:45 Pool: 5:00-5:30			
GR2 - MON/WED	Activation:5:15 Pool: 5:30-6:15		Activation:5:15 Pool: 5:30-6:15				
GR2 - TUE/THU		Activation:5:15 Pool: 5:30-6:15		Activation:5:15 Pool: 5:30-6:15			