

# VPSC SWIMMER CODE OF CONDUCT

*This Code of Conduct outlines the expectations regarding standards of behaviour, and discipline resulting from inappropriate behaviors, during all VPSC events, training sessions or competitions. Swimming Canada requires that this Code of Conduct is clearly communicated to all team members. As a VPSC member, you are expected to consistently display high personal standards and abide by the Code.*

1. Respect and treat all persons equally and as you would wish to be treated.
2. All swimmers are expected to meet the obligations outlined in their group descriptions.
3. Practice teamwork and cooperation with swimmers and coaches and support the values of discipline, loyalty, commitment and hard work.
4. Support your teammates in all situations, show team spirit, integrity, team loyalty and unity. Provide positive comments that support and encourage. Never ridicule or put anyone down.
5. Demonstrate good sportsmanship and play by the rules. Display respect, honesty and sportsmanship toward fellow competitors, coaches, officials, administrators and parents. Respect the decisions and judgments of officials. Do not question their judgment or honesty.
6. Profane, offensive, insulting, violent, abusive or threatening language or behaviour will not be tolerated. Maintain self-control at all times.
7. Do not engage in any illegal or other activities which would reflect negatively upon VPSC. Refrain from any immoral, inappropriate or unacceptable behaviour during any team activities; including,
  - a. Curfew violations
  - b. Unsportsmanlike conduct
  - c. Public misconduct
  - d. Use of alcoholic beverages
  - e. Drug use (see below)
  - f. Smoking
  - g. Sexual activity
  - h. Property damage and vandalism
8. Do not use drugs other than those prescribed by your physician. Use of drugs banned or restricted by the IOC, FINA, Swimming Canada or any Act of Parliament is PROHIBITED
9. Keep team areas clean and orderly.
10. Failure to follow this Code of Conduct will result in disciplinary actions according to the *VPSC Discipline Policy* and may result in any or all of the following:
  - Verbal Warning
  - Written Warning
  - Loss or privileges
  - Suspension from competition or remainder of event
  - Probation
  - Dismissal from Club
  - Swimmers on Team Travel may be sent home at their own expense
  - Suspension from Swimming Canada, Swim BC, VPSC teams or competition
  - Suspension of all or any portion of Swimming Canada, Swim BC, VPSC funding

By signing below, I acknowledge that I have read and agree to abide by the above *Code of Conduct*

NAME: \_\_\_\_\_  
SIGNATURE: \_\_\_\_\_  
PARENT SIGNATURE: \_\_\_\_\_  
DATE: \_\_\_\_\_