



CODE OF CONDUCT

Athletes:

1. Strive for personal and team achievement through complete, consistent and sincere effort;
2. Show respect for themselves and for all others;
3. Contribute to a positive team culture by providing positive and constructive comments to teammates that motivate and encourage continued effort;
4. Recognize that any bullying behaviour will not be tolerated and let their coach or a person in leadership know immediately if they have witnessed bullying behaviour or have been the victim of bullying;
5. Immediately report to their coach any health or medical issue that may prevent or limit their ability to train, travel or compete;
6. Only participate in competitions for which they are eligible to compete;
7. Arrive for practice, competition, selections or other club activities on time, with all appropriate gear, well-nourished and prepared to the best of their ability;
8. Conduct themselves in a sporting manner, whether as competitors or spectators and not tolerate anyone among them who does not;
9. Comply with club rules and requirements regarding clothing, equipment, training, travel, competition and curfew.
10. Never consume alcohol, cannabis, tobacco, or e-smoking products as a Minor or while engaged in Activity or Event.
11. Comply at all times with the Discrimination, Harassment, and Maltreatment Policy (found in the BCAS Conduct Policy) and refrain from acting in a manner that is discriminatory, harassing, or maltreating any Individual
12. Where applicable, adhere to the Organization's Athlete Agreement, its requirements and expectations.
13. Align themselves with and follow the Rule of Two and BCAS Rule of Two Policy, and hold all other members accountable to the same standards.
14. Comply with all other applicable Organizations' Policies.

Parents:

1. Never ridicule an athlete for making a mistake during a performance or practice and provide positive comments that motivate and encourage all athletes' continued effort;
2. Respect the decisions and judgments of officials and encourage athletes to do the same;
3. Respect and show appreciation to all competitors and to the coaches, officials, meet managers and volunteers and other Artistic Swimming participants who give their time to the sport of Artistic Swimming;
4. Keep off the pool deck unless invited and do not interfere with training, competitions, coaching or judging;
5. Refrain from the use of bad language, and do not interfere with events or harass competitors, coaches, officials, meet managers, volunteers or other parents or spectators.
6. Comply at all times with the Discrimination, Harassment, and Maltreatment Policy (found in the BCAS Conduct Policy) and refrain from acting in a manner that is discriminatory, harassing, or maltreating any Individual
7. Comply with all other applicable Organizations' Policies.