



Limited Competitive Program

2026-2027

This is our introduction to competitive artistic swimming. This program allows athletes to compete in up to 2 BC Artistic competitions each season. This is geared towards the athlete who wants to try the competitive pathway but at a lesser commitment level. There are opportunities for both beginner and intermediate levels. Athletes can compete in both individual “figure” events and team routine events. Athletes get to compete against other athletes in BC who are at the same level. It is a great way to learn more about the competitive aspect of Artistic swimming.

Ages 8-12 (younger or older on evaluation)

Requirement: *evaluation and invitation to join from our Head Coach*

Competition

Your athlete will be part of a team working towards a BC Development Competition (Jean Peters Competition) in May 2027. The team may also attend a Training Meet (to be determined by the coach)



Training **2 x each week**

Mondays & Wednesdays 4:30-7 pm

Training Start Date: Starts September 21, 2026



Training will end after the year-end watershow (late May/early June 2027) with assessment and evaluations following

Christmas Break: last practice Dec 16th, returning to the pool in January

Watershows: all athletes participate in 2 club watershows each year, the Winter Watershow (Jan/Feb) and Year-End Watershow (May/Jun), details will be emailed out

Equipment: Ordering of team equipment will take place in the fall, look at the VAS Club Handbook for a list of equipment. The Club Handbook is available when you log into your account on the club website, under ‘References’

Step-by-step registration instructions are on the last page

PAYMENTS

Payments to CLUB: CLASS FEE + Annual Club registration fee

1. Annual Club Registration Fee:

⇒ \$50 paid to club once for 2026/27 season due Oct 15, 2026

1. Class Fees

⇒ There are 7 monthly payments made on the 15th of each month

⇒ First payment due Oct 15, 2026

\$300 each month for 7 months

Payment is by pre-authorized debit.

When you have registered through the CLUB WEBSITE, a pre-authorized debit form will be emailed to you with your confirmation of registration.

See full registration instructions on last page

Payment to BC/Canada Artistic Swimming:

Annual BC/Canada Artistic Swimming registration/insurance fee

Participation in any artistic swimming activity requires this for insurance coverage

You pay this directly when you register your swimmer online through the RAMP registration system with BC/Canada Artistic Swimming (separate from club class registration)

Payment online with credit card (club not involved with this portion)

- **Approximate BC Artistic Swimming fee: \$25 (this is from last year)**
- **Approximate Canada Artistic Swimming fee: \$36 (this is from last year)**

See full registration instructions on last page

Competition Fees:

1 *Meet Registration:* athlete's families will be billed the registration fee for the meet. There is a fee for each event entered. Team and duet fees are divided equally between the swimmers.

2 *Travel Expenses:* travel, hotel, food and chaperone costs will be calculated on a per meet basis and communicated to the team

3 *Coach Travel Costs:* The coach travel costs will be divided among the number of athletes attending a meet, families will be billed their portion of coaches' travel costs following each competition.

Meet fees:

Per athlete fees:

Figures	50
Solo	80
Athlete fee	55

Following divide by # athletes

Team	135
Duet	110

CLUB Website: <https://vssc.poolq.net/>
Registrar Email: jennifervicsynchro@gmail.com
Bookkeeper Email: victoriaasbookkeeper@gmail.com

VAS Limited Competitive Cancellation Policy:

A swimmer that wishes to withdraw from the club is required to give 30 days written notice to the registrar (jennifervicsynchro@gmail.com) and bookkeeper (victoriaasbookkeeper@gmail.com) of the club. Ensure the coach is also informed. Training fees are payable until the expiry of the 30 day notice period. The Club Registration Fee , BC Artistic Swimming and Canada Artistic Swimming fees (including meet fees) are non-refundable.

Making Payments:

After registering you will be emailed a Pre-Authorized debit form to complete and email back to our bookkeeper. It is REQUIREMENT to return the completed Pre-Authorized Debit (PAD) form to our bookkeeper.

Your Pre-Authorized Debit authorization covers automatic fee payments.

- ⇒ **All other expenses** (BCAS/CAS fees, meet fees, equipment, bathing suits, travel etc.) will be billed to your athlete's account.
- ⇒ **Invoices:** will be sent by the 15th of each month if you have a balance owing. .
- ⇒ **Invoices will be accessible** through your VAS club account online at any time
- ⇒ **Overdue balance:** full balance owing will be debited from your bank on the 15th of that month or the following business day

Please note: we will no longer be accepting cash or personal cheques for account payment.



IMPORTANT

Ensure you read the VAS Club Handbook and VAS Swimmer Handbook

- ⇒ These are always available on the club website <https://vssc.poolq.net/>
- ⇒ Log into your account, then click in 'Reference', then 'Handbooks'

VOLUNTEER REQUIREMENTS

Families of athletes in Limited Competitive, Provincial Stream & National Stream are expected to volunteer each season.

why?

- ⇒ Our club and sport is run by volunteers and could not operate without them.
- ⇒ The meets we host and meets we attend out of town could not run without volunteers.
- ⇒ Volunteering is a great way to learn more about our sport.
- ⇒ *Volunteering is crucial to your athlete, your club, and the sport of artistic swimming.*

What is it?

- Each season, every athlete's family is required to volunteer to earn a minimum number of points** or pay a Volunteer Fee (charged to your club account at the end of the season in June)
- Families (including athletes, extended family & friends) can earn volunteer points during the season
- each point is worth \$25
- If all points are earned during the season congratulations and thank you! You will not be charged the Volunteer Fee
- If a family has fulfilled part of their points, the charge will be prorated at a rate of \$25 per volunteer point not earned or reported. (charged to your club account at the end of the season in June)

**** per family, not per athlete**

PARENT VOLUNTEER REGISTRATION ON RAMP IS REQUIRED for you to volunteer at any artistic swimming activity (to earn your volunteer credits!) *This is not required to attend club meetings.*
Register yourself as a volunteer (FREE) when you register your athlete!

Reporting Volunteer Hours

It is your responsibility to email your volunteer time to our volunteer coordinator.

Please note the importance of reporting your volunteer hours accurately!

VOLUNTEER COORDINATOR: Jennifer

Email: jennifervicsynchro@gmail.com

PROGRAM	Minimum volunteer points	Total if no points earned
Limited Competitive	6	\$150
Provincial Stream	12	\$300
National Stream	12	\$300

EXAMPLES OF VOLUNTEER OPPORTUNITES TO EARN POINTS:

# points	Activity:
2	Attending the 'Meet the Coach' meeting <i>for Limited Competitive only</i>
2	Attending the AGM (Annual General Meeting)
2	Counting your swimmer's lengths at a swimathon
2	Assisting at the club winter holiday party
2	parent participation at Gel and Makeup learning night
2	a shift at a club event such as: Bottle drive, PISE event, end of year picnic
2	Watershow assistance which may include: Set up/take down shift Ticket sales shift Contributing a raffle basket Donating baking for a bake sale
6	Team manager (of one competitive team)
12	Serving as a board member
12	Club Equipment Manager



HOW TO REGISTER :

1 GO to CLUB website <https://vssc.poolq.net/>

2 CREATE YOUR ACCOUNT:

- ♦ click 'sign in' in upper right corner
- ♦ Follow prompts to set up your account
- ♦ Complete your account profile (that is your information) and **add member** (this is your swimmer!) to be able to register
- ♦ you can add multiple contact emails if needed

or

SIGN IN TO YOUR ACCOUNT

- ♦ go to website and click 'sign in' in upper right corner
- ♦ Ensure all information is up to date including emergency contacts

3 REGISTER with Victoria Artistic Swimming Club:

- 1 Look under 'Programs' tab at top
 - 2 Scroll down to the 'DEVELOPMENT PROGRAMS: Limited Competitive' and click [Explore or Register](#)
- Click on: [Register](#) Follow registration instructions

You will receive a confirmation email WITH PRE-AUTHORIZED DEBIT FORM TO RETURN

4 REGISTER ON RAMP WEBSITE: for BC/Canada Artistic Swimming Membership <http://victoriasec.rampregistrations.com>

- ♦ **ATHLETE REGISTRATION ON RAMP IS REQUIRED** for participation in any artistic swimming activity (for insurance coverage). You will complete the BCAS waivers
- ♦ **PARENT VOLUNTEER REGISTRATION ON RAMP IS REQUIRED** for you to volunteer at any artistic swimming activity (to earn your volunteer credits!) (*this is not required to attend VAS club meetings*) Register yourself as a volunteer (FREE)

At the end you will be asked to pay the BC/Canada Artistic Swimming fees for athlete membership online directly to them (no fee for you as a volunteer!). *You will receive confirmation email*

5 CLUB PAYMENT via Pre-authorized debit:

Pre-authorized debit form emailed to you with confirmation of club registration