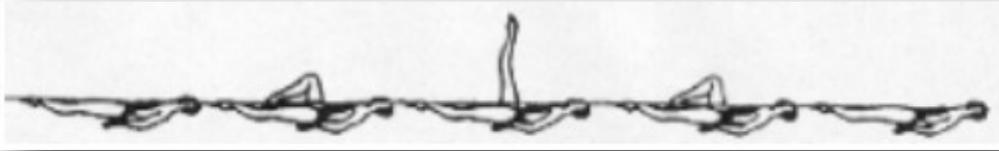


What are figures?

All provincial stream age groups and the national stream 13-15 age group compete in figures events.

Figures are made up of a combination of skills and positions that often require control, strength, and flexibility. Individual Figures are set by FINA, the international organization which regulates water sports.



Ballet Leg Single

Example: This is a diagram for the figure 'Ballet Leg Single'

For figures each competing athlete must wear an all-black bathing suit, plain white cap and black goggles, along with their nose clip.

The swimmers line up in order and each one takes their turn to swim out in front of the judges' panel, complete the assigned figure and then swim off. The judges then give their marks which are recorded. The coach will be watching and also give the swimmer feedback. Then the swimmer moves to the next panel of judges and repeats the process with their next figure. Athletes will compete in a total of 4 different figures, 2 are compulsory (remain the same for the season and athletes know what they are) and 2 are a random draw from the remaining figures for the age group.



Scoring Figures

Figures are scored on a scale of 0-10 in .1 increments. Eg. 4.5, 4.7, 6.2 etc.

Figures may account for 50% or more of the routine scores!

Swimmers are ranked individually for this part of the competition. Additionally each swimmers' figure scores are added to the team (or solo or duet) routine scores, so *everyone's individual skills and effort makes a huge difference to how the team does as a whole!!* Some things Judges are looking for: stability, height out of water, strength and speed



Etiquette during Figures No flash photography is ever permitted at a Synchro Meet! During figures the pool is to be quiet. No applause or cheering is permitted as this is a time for concentration by the athletes and judges. Save your cheering for the Routines!